

Band Camp Materials

Sunscreen Sweatproof so it does not run into your eyes.

Hat/Sunglasses- Duh

Water JUG- At Least a one gallon jug of cool, **not cold** water. Your body is trying to cool down not heat up water.

A set book/pencil- To keep on you at every marching rehearsal. So you will always know where to march to.

Music Binder- Have your name and instrument on it. Have music in plastic sleeves so they don't get damaged.

Pencil - Always have this on your person.

Clothes Pins- So that your music does not blow away when we go outside.

Mini Music - So that it is on the field with you, when you don't have it memorized.

Lunch -Healthy lunches full of veggies and fruits to get your system going. Bring Carbs to keep you going. Get ride of the junk and sugar.

NO CARBONATED DRINKS! Period No Excuses. Give up the sugar too. It will help you more then you know.

Shoes - NO sandals. Low ankle support running or crosstrainers are best. You will be on your feet alot so make sure they are comfortable

A Great Attitude - Nothing can get us farther as group then everyone going in the same direction.

Clothing - Keep it light because you do not want dark colors or heavy materials you have carry around. I am asking every one to have a long sleeve shirt and pants for when we go inside because of the temperature change from outside to inside.

Ensemble/Night Rehearsals - You will need to wear a white T-Shirt.

Crazy Days

Mon 20 Crazy Socks **Tues 21** Crazy Shorts **Wed 22** Tie Dye **Thur 23** Favorite Sports team **Fri 24** Twins Day

Mon 27th Crazy Hair **Tues 28th** Crazy Hats **Wed 29th** Section Day **Thurs 30th** Funny shirts **Fri 31st.** War Paint